



TRAILS CLUB OF SOUTH AFRICA

Hike Schedule

28/10/2023 to 30/05/2024

Website :

www.trailsclub.co.za

Chairperson : Margarethe Schaefer Tel. 0827013105
 Day Hikes: Mervyn Henderson Tel. 0738493393

The GRADING SYSTEM and HIKING NOTES are printed on the Website

Date	Convenor	Meeting Details	Event Description	Notes
Saturday 28/10/2023	Rodney Manicom Home Ph: 0847647580	Start Time: 13:30 End Time: 17:00 WhatsApp convenor	TABLE MTN- CECILIA FOREST CIRCUIT Easy Hike Follow a circular route up to the contour path and winding back through Cecilia forest. Bring tea. Booking: only WhatsApp Rodney.	Cost Member: R0 Visitor: R30 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: 28/10/23 Children Welcome: No
Sunday 29/10/2023	Helen Faure Home Ph: 0829254758	Start Time: 09:00 End Time: 12:30 Phone/email convenor	SILVERMINE- SILVERMINE RIVER - STEENBERG PLATEAU Easy Hike Walk up the river to reservoir then onto part of the Amphitheatre path back down the road going to Noordhoek Peak onto a path heading eastwards along Steenberg Plateau back to carpark. Helen will do a recce of the Steenberg route. Bring tea & lunch & Wild/Green Card or cash to enter. Booking: email helen.faure2@gmail.com or call/WhatsApp Helen	Cost Member: R0 Visitor: R30 Limit: Distance: 9km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Saturday 04/11/2023	Helen Faure Home Ph: 0829254758	Start Time: 13:00 End Time: 16:00 Phone/email convenor	TYGERBERG NATURE RESERVE Easy Hike We will do a circular hike through some of the last remnants of the the threatened Renosterveld. Spectacular views all round. Directions: take the N1 towards Bellville. Turn off at exit 20 (Jip de Jager Rylaan and Frans Conradie Rylaan). Turn left into Jip de Jager and travel about 3 kms. If you get to the Bellville Golf course you've gone too far. Turn left into Kommesaris Street, where you'll see a sign for the Reserve. Follow the signs until you get to 21 Totius Street, where there's parking outside the reserve. bring tea. Discount for seniors - bring ID. Booking: email helen.faure2@gmail.com or call/WhatsApp Helen	Cost Member: R20 Visitor: R30 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 05/11/2023	Jean Lombard Home Ph: 0846021029	Start Time: 07:00 End Time: 15:00 Email/Phone convenor	TABLE MTN- TRANQUILITY CRACKS VIA CORRIDOR RAVINE Moderate Hike Hike from Theresa Avenue up Corridor Ravine to the top and on to Tranquility Cracks - one of the truly magical areas on TM. Return via Kasteelspoort. Bring tea and lunch. Bookings: email jaenette.jean@gmail.com or call/WhatsApp Jean	Cost Member: R0 Visitor: R30 Limit: Distance: 10km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: No
Saturday 11/11/2023 to Sunday 12/11/2023	Barbara Kahn Home Ph: 0724710581	Start Time: End Time: Phone/WhatsApp convenor	CAPE POINT- CAPE OF GOOD HOPE HIKING TRAIL Moderate Hike 1 place available The trail is over 2 days and one night and follows a circular route. The trail begins and ends at the Cape Point entrance, where there is secure parking available. The trail goes through some of the most pristine wilderness of the reserve, cutting through plains of fynbos and over isolated beaches, populated only by the occasional ostrich or baboon. Wildlife, though skittish, is often seen on the route, and dynamic plant and birdlife abound. We will hike down the Western (Atlantic side) ending at the beautiful Rooikrans cottages, where cutlery and crockery are provided. Wood for the braai facilities can be pre-ordered at the entrance gate and delivered to the cottage by the time of your arrival. There is also a two-plate gas stove, solar powered lighting and showers in the huts. You must bring your own bedding. The cost includes the slackpacking service fee. Park fees: R100 per day paid at gate day of trail (Wildcards accepted). On Sunday we hike over to the eastern shores (False Bay side) and back to the gate. The hike will be done at a moderate pace. Bookings: Phone Barbara: (Whatsapp preferable). Confirmation only upon receiving of full cost of hike. No refunds. Balance of payment due 08 September.	Cost Member: R463 Visitor: R0 Limit: 12 Distance: 34km Fitness: Average Exposure: None Technical: Walk Booking Start: End: 03/09/23 Children Welcome: No

Date	Convenor	Meeting Details	Event Description	Notes
Sunday 12/11/2023	Libby Arnold Home Ph: 0735999431	Start Time: 08:15 End Time: 13:00 Phone/WhatsApp convenor	SILVERMINE- SPECIOSA VALLEY - KALK BAY PEAK Moderate Hike From Silvermine East carpark, hike on the jeeptrack past the turnoff to the waterfall. Then the route takes the right fork and goes on the Old Fishermens' path past Maiden Peak. After a short distance on the jeep track, the route turns right onto Speciosa Valley and up past Tartarus Cave and to the top of Kalk Bay Mountain (516m) where we have tea, lunch and wide views. The return descent is on Crassula path, back onto the Old Fishermens' Path, cross over the top of the waterfall, and back on the jeep track to the cars. Bring water, tea, lunch and car guard money. Rain cancels. Co-leader: Mervyn Henderson. Booking: phone or whatsapp Libby	Cost Member: R0 Visitor: R30 Limit: Distance: 9km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 19/11/2023	Debbie Marshbank Home Ph: 0734575121	Start Time: 09:00 End Time: 14:00 Phone/email convenor	CAPE POINT- SIRKELSVLEI & THE SHIPWRECK TRAIL Moderate Hike Hike from Olifantsbos inland to Sirkelsvlei, then down to the sea past the wreck of the Thomas Tucker on the Shipwreck Trail and back to the cars. Enjoy the fynbos and coastal views. Bring tea/lunch. Rain cancels. Bookings: email dmarshbank@gmail.com or call/WhatsApp Debbie	Cost Member: R0 Visitor: R30 Limit: Distance: 11km Fitness: Average Exposure: None Technical: Walk Booking Start: End: 18/11/23 Children Welcome: No
Saturday 25/11/2023	John Powell Home Ph: 0748698176	Start Time: 13:30 End Time: 17:00 Phone/email convenor	SILVERMINE- STEENBERG RIDGE, DAM & BOKKOP Moderate Hike Walk from mountain bike carpark along part of Steenberg Ridge, down to and around the reservoir and along the Noordhoek Peak road, branching off to the east on a path on Steenberg Plateau that goes past Bokkop before turning west parallel to the river path. Return to the carpark. Bring your Wild card or pay the entrance fee. Booking: email toghwana@gmail.com or call/WhasApp John	Cost Member: R0 Visitor: R30 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 26/11/2023	Brian Ford Home Ph: 0215312660	Start Time: 08:30 End Time: 16:00 Phone/email convenor	KOGELBERG- ROOIELS RIVER GORGE Moderate Hike Meet and park at the laybye on the right hand side, just before the bridge before Rooiels. Cross the road and take the path up a steep initial section, then to reach a broad saddle, continuing along the path heading inland, with the deep river gorge on our right. We continue along the general course of the river below. We will view a waterfall in the distance. We proceed across the rocky terrain to finally reach a tributary stream and find the spot where a small waterfall cascades down into a beautiful series of pools. This is our lunch spot, whereafter we return along the same route. Essentials: plenty water, sunscreen, hat and bathing costume. Optional: "refresh" on the beach with a cold drink (bring along your cooler bag) before driving home. Rain cancels. Bookings: email Brian@solutions4storage.co.za or phone 083 896 7904.	Cost Member: R0 Visitor: R30 Limit: 10 Distance: 10km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Saturday 02/12/2023	Mervyn Henderson Home Ph: 0738493393	Start Time: 09:00 End Time: 12:30 Phone/email convenor	SILVERMINE- ST JAMES PEAK-NELLIES POOL- OLD MULE PATH Moderate Hike Hike from Boyes Drive where the Old Mule Path starts, turning right at the start and up to St James Peak, on to Nellie's Pool and back via the jeep track to Ou Kraal and the Old Mule Path to Boyes Drive. Bring tea. Booking: email mervyn.henderson@gmail.com or WhatsApp/call Mervyn	Cost Member: R0 Visitor: R30 Limit: 16 Distance: 7km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 03/12/2023	Rod Arnold Home Ph: 0845294272	Start Time: 09:00 End Time: 14:30 WhatsApp/Phone convenor	SCARBOROUGH- GROOTKOP VIA PLATBERG Moderate Hike From Scarborough ascend to Platberg Peak via the Hoek se Krans path. From Platberg head east to the tea spot and then pick up the path to ascend Grootkop where we will have lunch. Descend via the direct path back to Scarborough. As we will be hiking in the Baskloof Private Nature Reserve, each hiker must have a permit (R60-) to be purchased at The Village Hub at the start of the hike. Bring sufficient water, tea, snacks and lunch. R60 each for the permit. Refreshments at Camel Rock afterwards for those interested. Booking, Whatsapp Convenor 084 529 4272	Cost Member: R60 Visitor: R90 Limit: Distance: 9km Fitness: Average Exposure: Mild Technical: Walk Booking Start: 20/11/23 End: 02/12/23 Children Welcome: Yes
Sunday 10/12/2023	Mervyn Henderson Home Ph: 0738493393	Start Time: 07:00 End Time: 17:00 Phone/email convenor	ELANDSPAD Moderate Hike Hike up the Elandspad river, first along the side of the valley and boulder hopping in the river bed. Not for beginners. A long day. Be prepared for hot weather. Bring tea, lunch and swimming costume. This hike requires a CapeNature permit. Booking: email mervyn.henderson@gmail.com or WhatsApp Mervyn. Please supply your Wildcard number or pay R50 cash in advance.	Cost Member: R0 Visitor: R30 Limit: 10 Distance: 12km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: 03/12/23 Children Welcome: No

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Saturday 16/12/2023	Margarethe Schaefer Home Ph: 0827013105	Start Time: 09:00 End Time: Phone/WhatsApp convenor	SOCIAL- CHAMPAGNE BREAKFAST Our annual get together at Silvermine Dam. Unfortunately no fires are allowed at this time of year. Bring breakfast goodies and a glass for the champagne that we are supplying. Bring your Wild/Green card or entrance money. Booking: email margaretheschaefer@gmail.com or call/WhatsApp Margarethe	Cost Member: R0 Visitor: R30 Limit: Distance: 1km Fitness: Exposure: Technical: Booking Start: End: 15/12/23 Children Welcome: No
Sunday 17/12/2023	Helen Faure Home Ph: 0829254758	Start Time: 09:00 End Time: 13:30 Phone/email convenor	SILVERMINE- VLAKKENBERG FROM PRICE DRIVE Moderate Hike Starting at Price Drive, the hike ascends Vlakkenberg Ridge, steeply initially, but worth it for the great views from the top of Vlakkenberg Beacon. Complete the circular path on top of Vlakkenberg and return to Price Drive through the forest. Bring rea and lunch. Booking: email helen.faure2@gmail.com or call/WhatsApp Helen	Cost Member: R0 Visitor: R30 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: No
Saturday 23/12/2023	Debbie Marshbank Home Ph: 0734575121	Start Time: 09:00 End Time: Phone/email convenor	TABLE MTN- CECILIA TO KIRSTENBOSCH VIA THE WATERFALL Moderate Hike Hike up the river path past Spilhaus Ravine and on to Cecilia waterfall, continue to the top entrance into Kirstenbosch for tea and back along contour paths to the cars. Bring tea / snacks. Rain cancels. Bookings: email dmarshbank@gmail.com or call/WhatsApp Debbie	Cost Member: R0 Visitor: R30 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 30/12/2023	Mervyn Henderson Home Ph: 0738493393	Start Time: 08:15 End Time: 14:00 Phone/email convenor	SILVERMINE- KALK BAY MOUNTAINS - GRAND CIRCLE Moderate Hike From Silvermine East, the hike follows the contour path around Klein Tuinkop to the Amphitheatre, up to Kalk Bay Mountain, past Tarsus Cave, then the hilltop path to Nellies Pool, past the head of Mimetes Valley to St James Peak, then past Farmer Peck's Valley and return via Junction and Maiden Pools back to the cars. Bring rea and lunch. Booking: email mervyn.henderson@gmail.com or WhatsApp Mervyn.	Cost Member: R0 Visitor: R30 Limit: 12 Distance: 15km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Sunday 07/01/2024	Margarethe Schaefer Home Ph: 0827013105	Start Time: 08:00 End Time: 16:00 Phone/WhatsApp convenor	KOGELBAY - KLIPSPRINGER TRAIL Easy Hike he hike is along a relatively flat path with beautiful fynbos along the way and gorgeous views of the Kogelberg Biosphere and the bay. We will make our way down to the coast and swim the wonderful tidal pool. There is no shade, so a hat, sunscreen and plenty of water are an absolute necessity. Bring your cozzie. Bring tea and lunch. Booking: email margaretheschaefer@gmail.com or call/WhatsApp Margarethe	Cost Member: R0 Visitor: R30 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 13/01/2024	Helen Faure Home Ph: 0829254758	Start Time: 13:00 End Time: 17:00 Phone/email convenor	SILVERMINE- SILVERMINE RIVER - STEENBERG PLATEAU Easy Hike Walk up the river to the dam for tea, then back to carpark via a surprise route in the fynbos. Bring tea, Wildcard / Greencard / entrance fee. Booking: email helen.faure2@gmail.com or call/WhatsApp Helen	Cost Member: R0 Visitor: R30 Limit: Distance: 9km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 14/01/2024	Mervyn Henderson Home Ph: 0738493393	Start Time: 08:30 End Time: 14:30 Phone/email convenor	CAPE POINT- KANONKOP FROM ROOIKRANS Moderate Hike Park the cars at the carpark above Rooikrans. Hike north along the Cape of Good Hope Trail to the Buffelsontein Visitors Centre and then on to Kanonkop, where we can have tea and enjoy the views of False Bay. From Kanonkop we will descend to Booi se Skerm and hike along the coast to Bordtjiesrif and Buffels Bay, stopping for a swim and lunch, while keeping an eye out for the marauding baboons. Bring rea and lunch. Bring your Wild/green card or pay R94 with your ID required. Booking: email mervyn.henderson@gmail.com or WhatsApp/call Mervyn.	Cost Member: R0 Visitor: R30 Limit: 12 Distance: 13km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 20/01/2024	Debbie Marshbank Home Ph: 0734575121	Start Time: 09:00 End Time: 12:00 Phone/email convenor	CONSTANTIA- ALPHEN TRAIL-CECILIA-KLAASENBOSCH TRAIL Moderate Hike From Alphen Drive, walk up the Greenbelt of the Diep River up to Southern Cross Drive and Rhodes Drive, then into Cecilia Plantation, heading up the Old Rhodes Drive, with tea by the river and benches, and then descend to Cecilia carpark and return via the Klaasenbosch and Alphen Trails. Bring tea. Bookings: email dmarshbank@gmail.com or call/WhatsApp Debbie	Cost Member: R0 Visitor: R30 Limit: Distance: 10km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes

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Sunday 21/01/2024	Libby Arnold Home Ph: 0735999431	Start Time: 07:30 End Time: 13:30 Phone/WhatsApp convenor	TABLE MTN- CECILIA RIDGE TO CAVE ON NURSERY BUTTRESS Moderate Hike Hike through Cecilia forest and clamber steeply up Cecilia Ridge to the Back Table. Continue northwards on the jeeptrack, past the Overseers Cottage, then branch off right towards Nursery Buttress passing streams and dells. We will do a short traverse around Castle Rock which is on Nursery Buttress, including some fun going through some caves, two easy short scrambles and around a wide ledge with mild exposure. Not technical nor unsafe. The cave provides a lovely shady lunch spot, with wonderful views over Kirstenbosch and beyond. The return route is down forested Nursery Ravine on the improved steps. Bring tea, lunch, lots of water and carguard money. Booking: WhatsApp Libby on 073 599 9431	Cost Member: R0 Visitor: R30 Limit: Distance: 8km Fitness: Average Exposure: Mild Technical: Easy scramble Booking Start: End: 20/01/24 Children Welcome: Yes
Saturday 27/01/2024	Mervyn Henderson Home Ph: 0738493393	Start Time: 09:00 End Time: 12:30 Phone/email convenor	SILVERMINE- AMPHITHEATRE VIA ECHO VALLEY Moderate Hike Enjoy the Yellowwood and Milkwood forests on this circular route which ascends from Boyes Drive up to the Amphitheatre via Echo Valley and descends via Spes Bona Valley. Bring tea. Booking: email mervyn.henderson@gmail.com or WhatsApp/call Mervyn.	Cost Member: R0 Visitor: R30 Limit: 12 Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 28/01/2024	Brian Ford Home Ph: 0215312660	Start Time: 08:00 End Time: 17:00 Phone/email convenor	HAPPY VALLEY - WITTE RIVER MIDDLE Moderate Hike The hike starts at the top of Bains Kloof (at Eerste Tol), leading up a jeep track and then descending to the Witte river, where the old Lamietberg hut used to be. From there we will boulder hop down the river to the gated staircase or if there is time, as far as the lodge. Fantastic scenery and lots of lovely pools to swim in en route. Bring something cold in a small cooler box to drink after the hike, before we leave. Please note that there is a lot of boulder hopping down the river. Rain cancels. Bookings: email Brian@solutions4storage.co.za or phone 083 896 7904. A permit will be required, so please also send Brian your Wild Card no: or you will have to pay the fee when booking.	Cost Member: R0 Visitor: R30 Limit: 10 Distance: 6km Fitness: Average Exposure: None Technical: Walk/boulder hopping Booking Start: End: Children Welcome: No
Sunday 04/02/2024	Mervyn Henderson Home Ph: 0738493393	Start Time: 08:00 End Time: 15:00 Phone/email convenor	TABLE MTN- AQUEDUCTS FROM CONSTANTIA NEK Moderate Hike Hike up Table Mountain from Constantia Nek via the Hoerikwaggo path and Clayton's Road to De Villiers Reservoir, past Woodhead Reservoir to Hely Hutchinson and the Waterworks Museum. Hike up to see the Red Disas (D Uniflora) along the aqueducts. At the end of the aqueducts, we head south past Nursery Valley to the Overseer's cottage and back down to Constantia Nek on Clayton's Road. Bring tea and lunch. Booking: email mervyn.henderson@gmail.com or WhatsApp Mervyn.	Cost Member: R0 Visitor: R30 Limit: 12 Distance: 12km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 11/02/2024	Rod Arnold Home Ph: 0845294272	Start Time: 07:30 End Time: 13:00 Phone/WhatsApp convenor	TABLE MTN- ORANGEKLOOF - DISA GORGE Moderate Hike From Constantia Nek follow the Ring Road and then up Disa Gorge to Woodhead Dam, visiting the tunnel intakes along the way. Return via same route. Hike is subject to obtaining a permit. Bring water, tea, snacks and lunch. Booking, Whatsapp Convenor 084 529 4272	Cost Member: R0 Visitor: R30 Limit: 12 Distance: 12km Fitness: Average Exposure: Mild Technical: Easy scramble Booking Start: End: Children Welcome: No
Saturday 17/02/2024	Helen Faure Home Ph: 0829254758	Start Time: 13:00 End Time: 17:00 Phone/email convenor	KOMMETJIE- SLANGKOP & COBRA CAMP Easy Hike Hike from Slangkop Lighthouse along the boardwalk to Long beach parking area, past Skilpadvlei through Kommetjie village past St Norbet Catholic Church up to Cobra Camp at the top of Slangkop and descend back to the Lighthouse. Lovely views and fynbos. Bring tea. Booking: email helen.faure2@gmail.com or call/WhatsApp Helen	Cost Member: R0 Visitor: R30 Limit: Distance: 9km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 18/02/2024	Brian Ford Home Ph: 0215312660	Start Time: 08:30 End Time: 17:30 Phone/email convenor	CAPE POINT- FALSE BAY COASTAL WALK Moderate Hike After dropping cars at the end, we will start at the Smitwinkel Bay viewpoint south above the cliffs going over Judas peak, around Paulsberg, over Kanonkop and down to Boor se Skerm. The path continues next to the sea past Bordjies Drift and Buffels Bay ending at Rooikrans. Bring your Wild card or pay an entrance fee. Booking: email brian@solutions4storage.co.za or phone Brian 083 896 7904	Cost Member: R0 Visitor: R30 Limit: 15 Distance: 15km Fitness: Average Exposure: Mild Technical: Easy scramble Booking Start: End: Children Welcome: No

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Sunday 25/02/2024	Margarethe Schaefer Home Ph: 0827013105	Start Time: 08:00 End Time: Phone/WhatsApp convenor	ANNIVERSARY HIKE- SILVERMINE- NOORDHOEK PEAK VIA AMPHITHEATRE PATH Moderate Hike Celebrate our anniversary and joint the hike up Steenberg Ridge, across to Noordhoek Peak for champagne, along the North Amphitheatre path and back to the car park. Bring your glass for champagne and snack, and your costume if you want to swim in the dam. Enjoy your lunch at the dam. Wildcard/Greencard for entry or pay the fee. Booking: email margaretheschaefer@gmail.com or call/WhatsApp Margarethe	Cost Member: R0 Visitor: R30 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Walk Booking Start: End: 24/02/24 Children Welcome: Yes
Sunday 03/03/2024	Margarethe Schaefer Home Ph: 0827013105	Start Time: 08:00 End Time: 16:00 Phone/WhatsApp convenor	KOGELBERG- BETTY'S BAY-SEA FARM Moderate Hike From Blesberg sand dunes parking on Delpont Road, Betty's Bay, we will head round the back of Betty's Bay and up to the memorial stone at Brody's Link. Hiking down, turning left to then hike up the valley to the saddle between Blesberg and Hangklip. Descend down a very steep, short slope, then across sand dunes to the gravel road taking us to the beach near the start of Sea Farm Private Nature Reserve. We will meander along the high water path all around the edge of Sea Farm and a final stroll along Silversands beach and back to our cars. Bring your cozzies, should the temperatures permit, as there are lots of lovely pools and sloopies to have a swim. Different, varied and lovely views as you walk along. Bring tea and lunch. Booking: email margaretheschaefer@gmail.com or call/WhatsApp Margarethe	Cost Member: R0 Visitor: R30 Limit: Distance: 14km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 24/03/2024 to Friday 29/03/2024	Mervyn Henderson Home Ph: 0738493393	Start Time: End Time: Phone/Email convenor	WILD COAST- MEANDER TRAIL - MAZEPPA TO MORGAN'S BAY Moderate Hike Wild Coast Meander (Hotel Hop) from Mazeppa to Morgan Bay - 54 km 5 nights. A beautiful stretch of the Wild Coast with great accommodation each day. Day 1 Sun Mar 24: Transfer from East London Airport to Kob Inn to overnight Day 2 Mon Mar 25: Hike to Mazzepa Bay Hotel - 6 km - the shortest stretch with easy walking under huge and dunes to Mazeppa Point Day 3 Tue Mar 26: Hike to Wavecrest - 21 km - an easy and empty stretch along sandy beaches with some inland paths and small grass covered bluffs, then around Bowker's Bay and Sandy Point for a long beach walk in to Wavecrest Day 4 Wed Mar 27: Hike to Trennerys - 13 km - follow jeep paths above a rocky coast. Jakaranda shipwreck and a river crossing of the Kobonqaba river (canoe ferry organized if river is up) Day 5 Thu Mar 28: Hike to Morgan Bay to overnight at Mitford Hotel - 14 km - walk to Kei River mouth and follow estuary upriver to the pont. A walk through Kei Mouth village and then to Morgan Bay lighthouse through a small stretch of coastal forest Day 6 Fri Mar 29: After breakfast take the shuttle back to EL Airport for flight home or own transport. - Portage of backpacks by vehicle - Road transfers from East London and Morgan Bay included - Service of a community guide whilst walking the Trail. Bookings by email only: mervyn.henderson@gmail.com A non-refundable deposit of R1000 plus R25 admin fee secures you booking.	Cost Member: R9140 Visitor: R0 Limit: 15 Distance: 54km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: Children Welcome: No
Friday 10/05/2024 to Wednesday 15/05/2024	Mervyn Henderson Home Ph: 0738493393	Start Time: End Time: Email/Phone convenor	WHALE TRAIL, DE HOOP NATURE RESERVE Moderate Hike A 5 day trail at De Hoop Nature Reserve. Spectacular scenery from Potberg and along the coast. Day 1: Climb over Potberg and stay at Cupidos Kraal hut. Day 2: Hike down to Noetsie Bay. Day 3: along the coast vis Stinkgat (swimming) to Hamerkop. Day 4: along the coast to Vaalkrans. Day 5: along the beach to Koppie Alleen. Lots of whales from July to November. See https://www.hikingsouthafrica.co.za/whale-trail/ for further details. Portage service available. Bookings: email mervyn.henderson@gmail.com or call/WhatsApp Mervyn. A non-refundable deposit of 50% (R1100) secures your place on the trail. The balance will be due on 10 April 2024.	Cost Member: R2200 Visitor: R0 Limit: 12 Distance: 57km Fitness: Fit Exposure: None Technical: Walk Booking Start: 15/08/23 End: Children Welcome: No

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<p>IMPORTANT NOTES</p> <ul style="list-style-type: none"> · All persons participate in Trails Club activities entirely at their own risk. · No smoking allowed on any hikes. · Do not leave the hike party without contacting the Hike Leader. · If your name, address, tel number, next-of-kin, email have changed, please notify the Membership Secretary Mervyn Henderson immediately at trails.club.sa@gmail.com or tel. nos 0737807882 or WhatsApp 0738493393.. <ul style="list-style-type: none"> · All visitors and members bringing visitors must phone the Convenor first. · Hikers must bring at least 1 litre of water & full rain gear (raincoat and hood) on hikes. · Payments for trails and weekends to: The Trails Club, P.O. Box 404, Bergvliet, 7864 · Prices of weekends and trails are subject to change without notice. <p>Emergency Phone Numbers: Mountain Rescue 107 or 021-9370300 Ambulance 10177 Flying Squad 10111 City Emergency 021-4807700 Mountain Fires 107</p> <p>Emergency Codes: Need help: 6 Blasts/Flashes, Long Pause (Repeat). Have heard distress call: 3 Blasts/Flashes, Long Pause (Repeat)</p> <p>BANKING DETAILS: Standard Bank Claremont (025109) Cheque Account Number: 072528451</p> <p>Please write your name & what you are paying for on the deposit slip and send it to the Hon. Treasurer (Susan O'Brien) at Trails.club.sa@gmail.com</p>				