



TRAILS CLUB OF SOUTH AFRICA

Hike Schedule

05/11/2011 to 30/09/2012

PO Box 404

Bergvliet

7864

Website :

www.trailsclub.co.za

Chairperson : Geoff Tinker Tel. 217827757
Day Hikes: Geoff Tinker Tel. 217827757
Trails: Brian Ford Tel. 215312660

The GRADING SYSTEM and HIKING NOTES are printed on the Website and in the Newsletter

Date	Convenor	Meeting Details	Event Description	Notes
Saturday 05/11/2011	John Powell Home Ph: 082 954 3986	Start Time: 13:00 End Time: 17:30 Dam parking	SILVERMINE - PANORAMA ROUTE Moderate Hike From the Silvermine dam car park, hike via the Steenberg ridge towards Blackburn lookout and follow the path towards Noordhoek Peak and return to the car park via Crassula ridge. Bring Wild Card or R20 entrance fee	Cost Member: R0 Visitor: R10 Limit: Distance: 9km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: Yes
Sunday 06/11/2011	Brian Ford Home Ph: 215312660	Start Time: 06:30 End Time: 17:00 Phone convenor	AVONDALE TO PEARL VALLEY Moderate Hike Sandy Moss will lead a new hike from Avondale wine farm up to Vaelkop and then a descent into Pearl Valley. A Sandy special, with stunning views, which she says shouldn't be missed. This hike will be at a fast pace and a car shuffle is required so it's an early start. To book and for meeting place and time details phone Brian. 021 5312660 or 083 896 7904..	Cost Member: R0 Visitor: R10 Limit: 12 Distance: 16km Fitness: Fit Exposure: None Technical: Walk Booking Start: 14/10/11 End: Children Welcome: No
Friday 11/11/2011 to Sunday 13/11/2011	Geoff Tinker Home Ph: 217827757	Start Time: 14:00 End Time: 16:00 Phone convenor	KLEIN RIVER WEEKEND A camping weekend on Lochinvar farm on the Klein River near Stanford. There are ablution facilities but bring your tent or caravan etc. Activities on the farm include hiking, swimming, paddling, boating etc. There is a bird sanctuary down river which leads into the Hermanus Lagoon. We will have the use of a 3.8m rubber duck with 15hp motor. Stanford is 6km away by road or by river with pubs, shopping and a village green. We will arrive on Friday afternoon 11 November (or Saturday morning) and leave on Sunday afternoon, 13 November. There is a limit of 14 persons. The cost is R100 per person for the whole weekend. Phone Geoff on 021 782 7757 to book	Cost Member: R100 Visitor: R120 Limit: 14 Distance: 0km Fitness: Exposure: Technical: Booking Start: 01/07/11 End: 31/08/11 Children Welcome: Yes
Saturday 19/11/2011	Conrad Thomas Home Ph: 0217822330	Start Time: 13:00 End Time: 17:30 Meet at the Glencairn Spar	SWARTKOP BLOCKHOUSE CIRCUIT Moderate Hike A steep hike up this interesting peak above Simonstown. Lovely views of False Bay Hike a circular route up to the blockhouse on Swartkopberg and then down to Murdoch Valley, and back to the cars along the firebreak. Cell 082 889 0263	Cost Member: R0 Visitor: R10 Limit: Distance: 8km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 20/11/2011	Tony Burton Home Ph: 217015021	Start Time: 08:00 End Time: 16:00 Suikerbossie parking	TABLE MOUNTAIN - APOSTLES DELIGHT Moderate Hike This hike has the advantage of magnificent scenery whilst traversing the full length of the Twelve Apostles. (a one way hike) It has the added benefit (like many of us) being downhill all the way. We meet at Suikerbossie and transfer cars to the Lower Cable Station. After a cable car ride we will descend down via the valley of the Red Gods and have an early lunch at Tranquility Cracks with time to explore. Onwards to Grootkop and tea on the Pimple with the best 360° views in the Cape Peninsula! We descend down a "B" climb at Llandudno Ravine. Bring your cable card (free ride) or Wild card (20% discount) + ID	Cost Member: R0 Visitor: R10 Limit: Distance: 10km Fitness: Average Exposure: Mild Technical: Easy scramble Booking Start: End: Children Welcome: Yes
Saturday 26/11/2011	Geoff Tinker Home Ph: 217827757	Start Time: 13:00 End Time: 16:00 Total garage, Glencairn	GLENCAIRN TO FISH HOEK VIA ELSIES PEAK Moderate Hike We will hike to the top of Elsie's Peak from Glencairn. The path then heads NW along the ridge towards Brakkloof to the saddle and then down to Fish Hoek. We will end on Fish Hoek beach for a swim if the sharks allow. Beautiful views and fynbos. Bring money for tea at the Galley. Car shuffle required	Cost Member: R0 Visitor: R10 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 27/11/2011	Phillip Williams Home Ph: 215311620	Start Time: 08:00 End Time: 16:30 behind the BP service station in Forest Drive	KROM RIVER Moderate Hike One of the most well known walks in the Limietberg Nature Reserve in the Du Toitskloof Pass. Hike upstream from the tunnel exit through magnificent patches of indigenous forest with stops along the route at the inviting small pools for refreshing dips. Lunch at the 2 magnificent waterfalls and swimming pools at the end of the trail before returning. Phone Phillip to book on 021 531 1620	Cost Member: R30 Visitor: R40 Limit: 12 Distance: 7km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: Yes

Date	Convenor	Meeting Details	Event Description	Notes
Saturday 03/12/2011	Julyan Symons Home Ph: 214395357	Start Time: 14:00 End Time: 17:00 Meet at the gate off Theresa Avenue at 14:00. Plea	SLANGOLIE CAVE Moderate Hike A pleasant walk from Camps Bay (Theresa Ave) along the last bit of the Pipe-track to the cave on Slangolie Buttress for tea returning the same way	Cost Member: R0 Visitor: R10 Limit: Distance: 5km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 04/12/2011	Tony Burton Home Ph: 217015021	Start Time: 08:30 End Time: 15:00 Car park 200m from the Fish Hoek Circle	JUST NUISANCE GRAVE TO FISH HOEK Moderate Hike A long fit hike with some bush whacking. We hike from Just Nuisance grave to Kleinplaas dam for a swim (brr) and then via Kommetjie Estates past the Solole game reserve crossing Glencairn Expressway. We then bush whack to Brakkekloofrant overlooking Fish Hoek valley. We then descend down to Fish Hoek for an optional swim at the beach (brr again!). The car park is opposite the Catholic church on Kommetjie Road	Cost Member: R0 Visitor: R10 Limit: Distance: 18km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 10/12/2011	Rosemary Paul Home Ph: 0784251880	Start Time: 14:00 End Time: 17:30 Gate 2 Silvermine (non paying side)	ABDULLAS CAVE Join me and visit this seldom seen cave. Bring snack, drink and R5 for car guard Phone 0784251880	Cost Member: R0 Visitor: R10 Limit: Distance: 8km Fitness: Exposure: Technical: Booking Start: End: Children Welcome: Yes
Sunday 11/12/2011	Anthony Sneath Home Ph: 217901671	Start Time: 09:00 End Time: 06:00 Dunes Restaurant	OUDESCHIP VIA SANDY BAY Easy Hike From Sunset Rocks at Llandudno, hike to Oudeschip via Sandy Bay up the steep path past the rocket building ruin to the contour jeep track; around to Hout Bay; stroll through the harbour & along the beach back to Dunes for drinks. Swimming at Sandy Bay and Hout Bay beach. Car shuffle to Llandudno beach required and return via Rocket House and dunes to Sandy Bay and Sunset Rocks.	Cost Member: R0 Visitor: R10 Limit: Distance: 7km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Friday 16/12/2011	Brian Ford Home Ph: 215312660	Start Time: 09:30 End Time: 12:30 Phone convenor	CHAMPAGNE BREAKFAST Let's try somewhere different this year and escape the wind! Venue is at the Newlands forest picnic site which is next to the Forestry station. Entry is R10 per car, R5 per adult, R2 a pensioner. Entrance fee is free with a wild card but car fee still to pay. Bring your skottles and breakfast goodies - we supply the bubbly	Cost Member: R0 Visitor: R0 Limit: Distance: 0km Fitness: Exposure: Technical: Booking Start: End: Children Welcome: Yes
Saturday 17/12/2011	Conrad Thomas Home Ph: 0217822330	Start Time: 13:00 End Time: 18:00 Kalkbay end of Boyes Drive (Godfrey Road)	GROOT TUINKOP Hike up Echo Valley and around Groot Tuinkop and back to the Amphitheatre. Explore some small caves en-route. No path in places.	Cost Member: R0 Visitor: R10 Limit: Distance: 10km Fitness: Exposure: Technical: Booking Start: End: Children Welcome: Yes
Sunday 18/12/2011	Robin Cooper Home Ph: 215322939	Start Time: 08:30 End Time: 16:00 Phone convenor	ELANDSPAD Moderate Hike Hike up the Elandspad river, first along the side of the valley and boulder hopping in the rive bed. Not for beginners. We will branch off to the waterfall. A long day. Numbers are limited. Phone Robin on 021 532 2939 or 084 710 8062	Cost Member: R0 Visitor: R10 Limit: 12 Distance: 12km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Wednesday 28/12/2011	Tommy Hiscock Home Ph: 0217127476	Start Time: 17:30 End Time: 20:00 Winchester Ave opposite stone cottages	LIESBEEK RIVER WALK Easy Hike An easy evening walk along the Liesbeek River. Bring warm jacket, a torch and something for supper	Cost Member: R0 Visitor: R10 Limit: Distance: 4km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes

Date	Convenor	Meeting Details	Event Description	Notes
Thursday 29/12/2011 to Sunday 08/01/2012	Brian Ford Home Ph: 215312660	Start Time: 08:00 End Time: 16:00 Phone convenor	SHIPWRECK TRAIL & ADDO NATIONAL PARK Easy Hike The Shipwreck trail is a new trail which has been recced and highly recommended! Hike along the coast between Port Alfred and the Fish River, including 2 days of canoeing. Slackpacking, overnight huts on private farms. Then spend 2 days in the Alexandria coastal area of the Addo National Park doing some hiking and a further 2 days in the Addo Park itself, either hiking or game driving. Travel up on 29th December, trail starts 30th Dec, travel back to CT on the 8th January 2012. Total cost R1500 per person for 11 days, which includes the slackpacking cost, the backpackers accommodation on the night of the 29th December, as well as transport to the start of the trail and from the end of the trail back to the backpackers, where the cars can be left safely (cost could alter slightly if Alexandria rates increase at the end of the year). NOTE: Travelling costs from Cape Town to Port Alfred and back not included - no allowance has been made for any overnight accommodation if members want to break the 10 hour trip up to Port Alfred. This should be organized by the individual. Phone Brian at 021 531 2660 or 083 896 7904 for more details.	Cost Member: R1500 Visitor: R1800 Limit: 12 Distance: 0km Fitness: Average Exposure: None Technical: Walk Booking Start: 30/04/11 End: 20/06/11 Children Welcome: No
Friday 30/12/2011 to Monday 02/01/2012	Tony Burton Home Ph: 217015021	Start Time: 09:00 End Time: 15:00 Phone convenor	EIKENDAL ELGIN FOREST Easy Hike Chill out and get away from the hectic new year madness. Have some fun in a tranquil idyllic forest setting next to a pretty lake. Boating, swimming, hiking, braaing and visits to wineries are attractions at this forest retreat. I have hired a forest house with bunks, stoves showers and braai facilities a stones throw from the lake. Initial limit is 12 people but can be extended to 18. The cost will depend on bookings. From R95 per night to R145 per night. No part booking. Phone Tony on 021 701 5021	Cost Member: R145 Visitor: R174 Limit: 12 Distance: 0km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 08/01/2012	Conrad Thomas Home Ph: 0217822330	Start Time: 08:30 End Time: 17:00 Kirstenbosch bottom car park , next to shop.	TABLE MOUNTAIN - SMUTS TRACK A hike up to Maclears beacon from Kirstenbosch along the Smuts Track via Skeleton Gorge. Down via Nursery Ravine. Please bring entrance fee for Kirstenbosch. Cell 082 889 0253	Cost Member: R0 Visitor: R10 Limit: Distance: 16km Fitness: Exposure: Technical: Booking Start: End: Children Welcome: Yes
Saturday 14/01/2012	Rosemary Paul Home Ph: 0784251880	Start Time: 14:30 End Time: 17:30 Constantia Nek parking	CONSTANTIA NECK TO KIRSTENBOSCH Moderate Hike From Constantia Nek we will follow the upper path through to Kirstenbosch Gardens where we will have tea and return via lower route. Bring water snack and R5 for car guard Phone 07084251880	Cost Member: R0 Visitor: R10 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 15/01/2012	Geoff Tinker Home Ph: 217827757	Start Time: 08:30 End Time: 16:30 Silvermine pay side parking area	CHAPMANS PEAK FROM OUKAAPSEWEG Moderate Hike We will start at the pay gate parking area at Silvermine and hike past Bokkop towards Noordhoek Ridge. The path branches left before Noordhoek Peak and a steep downhill ensues until we join the path to Chapmans Peak (Hoerikwaggo Trail). We turn left and proceed to the top of Chapmans Peak and then down to Noordhoek beach through the Milkwoods.	Cost Member: R0 Visitor: R10 Limit: Distance: 10km Fitness: Average Exposure: Mild Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 21/01/2012	John Powell Home Ph: 082 954 3986	Start Time: 13:00 End Time: 17:30 Checkers car park, Muizenberg	ST JAMES PEAK VIA PECKS VALLEY Moderate Hike Long climb up Peck's Valley then to St James Peak for tea. Return to cars via Nellies Pool down Mimetes Valley and Bailey's Kloof.	Cost Member: R0 Visitor: R10 Limit: Distance: 7km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 22/01/2012	Geoffrey Barton Home Ph: 217978916	Start Time: 08:30 End Time: 15:30 Phone convenor	MYBURGH'S RAVINE Difficult Hike We will ascend Myburgs Ravine to the waterfall and up to Judas Peak and return via Llandudno Ravine. There is a limit of 12 hikers. Please phone Geoff to book on 021 797 8916	Cost Member: R0 Visitor: R10 Limit: 12 Distance: 12km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: No

Date	Convenor	Meeting Details	Event Description	Notes
Saturday 28/01/2012	Nerina De Villiers Home Ph: 217012355	Start Time: 13:30 End Time: 17:30 Meet mid Boyes Drive, above St James pool	SILVERMINE ABOVE THE SEA Moderate Hike Via zigzags up St James ravine, turn and follow the hilltop path. Hike up the cool Spes Bona Valley, shaded by a wonderful indigenous forest. After winding around Ridge Peak, up to the Amphitheatre then down the 'Amazon' forest. The home stretch is along the Old mule path. Cool off at Dalebrook beach afterwards. Visitors please phone 073 728 5361	Cost Member: R0 Visitor: R10 Limit: Distance: 5km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 29/01/2012	Robin Cooper Home Ph: 215322939	Start Time: 07:30 End Time: 18:00 Phone convenor	BUCHUKLOOF Moderate Hike Hike from Nuweberg Forest Station to the valley of the Riviersonderend ending in a beautiful waterfall. Return the same way. Swimming spots at tea and lunch. Great scenery and fynbos, including lot of buchu! Phone Robin to book at 021 532 2393 or 084 710 8062	Cost Member: R30 Visitor: R40 Limit: 12 Distance: 12km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Saturday 04/02/2012	John Powell Home Ph: 082 954 3986	Start Time: 13:00 End Time: 17:30 Ou Kraal parking above St James on Boyes Drive	SILVERMINE - AMPHITHEATRE - NELLIES POOL Moderate Hike We will hike from Boyes Drive to Weary Willy's and up Echo Valley to the Amphitreatre and over the top of Kalk Bay mountain. We will proceed to Nellies Pool and down Mimetes Valley back to the cars	Cost Member: R0 Visitor: R10 Limit: Distance: 9km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 05/02/2012	Tommy Hiscock Home Ph: 0217127476	Start Time: 08:30 End Time: 16:00 Cecilia Forest parking	TABLE MOUNTAIN- SKELETON GORGE TO AQUADUCT Moderate Hike From Celilia Forest ascend Skeleton Gorge at a slow to moderate pace. We will branch off at the Aquaduct to see the Disas. We will go down Disa Gorge to the waterworks museum for lunch and descend via Cecilia Ridge	Cost Member: R0 Visitor: R10 Limit: Distance: 8km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: Yes
Friday 10/02/2012 to Sunday 12/02/2012	Brian Ford Home Ph: 215312660	Start Time: 08:00 End Time: 17:00 Phone convenor	PATERNOSTER WEEKEND Easy Hike Join us staying in a large self catering house in Paternoster for 2 nights. Travel up on the Friday, on Saturday walk south along the coastline towards Tietiesbaai and visit the Columbine lighthouse before returning for a braai back at the house. On the Sunday walk north towards St Helena through the Groot Paternoster nature reserve and back or just wander around the village. Still warm enough for some swimming as well. There is an option to book for a 2nd house if needs be. Phone Brian to book and for details on 021 5312660 or 083 896 7904.	Cost Member: R320 Visitor: R384 Limit: 10 Distance: 20km Fitness: Average Exposure: None Technical: Walk Booking Start: 01/12/11 End: 15/01/12 Children Welcome: No
Saturday 11/02/2012	Derek Robinson Home Ph: 021 712 3566	Start Time: 13:00 End Time: 16:30 Arboretum parking	TOKAI FOREST RAMBLE Moderate Hike An easy walk through the forest to Prinskasteel Waterfall. Back through the forest to the cars.	Cost Member: R0 Visitor: R10 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 12/02/2012	Julyan Symons Home Ph: 214395357	Start Time: 08:00 End Time: 16:00 Phone convenor	MYSTERY GULLEY "B" Moderate Hike A stunning zig-zag up the front face of the mountain! The scrambles are fairly easy, but there are places where a good head for heights is needed. This route is very dry on a hot day, so bring lots to drink. We will go to Maclear's beacon and then down Platteklip.	Cost Member: R0 Visitor: R10 Limit: Distance: 5km Fitness: Average Exposure: High Technical: Easy scramble Booking Start: End: Children Welcome: Yes
Saturday 18/02/2012	Rosemary Paul Home Ph: 0784251880	Start Time: 14:30 End Time: 17:30 Park at Rycroft Gate Kirstenbosch	CONSTANTIA GREENBELT Easy Hike Pleasant walk through the Constantia Green Belt linking up the Alphen, Diep River and Klaasenbosch Trails to give us a lovely shady social afternoon hike. We will do this walk back to front for a change. Bring water, tea and R5 for car guard	Cost Member: R0 Visitor: R10 Limit: Distance: 7km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 19/02/2012	Anthony Sneath Home Ph: 217901671	Start Time: 09:00 End Time: 16:00 Noordhoek car park	EAST FORT - BLACKBURN CIRCUIT Moderate Hike Hike from Hout Bay via East Fort and the lower contour path; past Blackburn Ravine and round the back into Noordhoek, and back to the beach/cars. Bring money for a drink at the Red Herring. A car shuffle to Dunes restaurant is required	Cost Member: R0 Visitor: R10 Limit: Distance: 9km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Wednesday 22/02/2012	Tommy Hiscock Home Ph: 0217127476	Start Time: 17:30 End Time: 20:00 Constantia Nek parking	EAGLES NEST Moderate Hike Hike up Constantia Corner to Eagles Nest. enjoy sunset and supper. Bring a warm jacket, torch and something for supper	Cost Member: R0 Visitor: R10 Limit: Distance: 3km Fitness: Average Exposure: None Technical: Easy scramble Booking Start: End: Children Welcome: Yes

Date	Convenor	Meeting Details	Event Description	Notes
Saturday 25/02/2012	Phillip Williams Home Ph: 215311620	Start Time: 14:00 End Time: 17:00 Meet opposite Chapmans Peak Hotel	CHAPMAN'S PEAK FROM HOUT BAY Moderate Hike Meet at the parking lot opposite the Chapmans Peak Hotel before taking some cars up the toll road to the last bend. Short steep hike from there through the fynbos up to Chapmans Nek and then we follow the Hoerikwaggo trail around Lower Chapman's Peak. Final short steep scramble up Chapmans peak (593m) to enjoy the stunning views of the peninsula below. Return via the same route.	Cost Member: R0 Visitor: R10 Limit: Distance: 5km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 26/02/2012	Tony Burton Home Ph: 217015021	Start Time: 08:00 End Time: 16:00 Entrance gate CPNP	KLAASJAGERSBERG Difficult Hike We will meet outside the Entrance Gate of the Cape Peninsula National Park at 08h00 and transfer cars to the Start at Wildschutsbrand at Perdekloof. We will hike to Klawer Valley and ascend (no path) via an easy 'C' scramble to Klaasjagersberg (576m). One or two 5 to 10 metre turrets can be optional challenges for would be rock climbers. Via delightful wild flowers we will take a leisurely hike to Cape Point Gap and onto the Swartkopberge and then join the path and a steep descent to Smitswinkel Bay and our cars. The views of False Bay along the way are outstanding. Don't miss this excellent and unusual hike. Bring plenty of water and be prepared for windy, cold, cloudy conditions.	Cost Member: R0 Visitor: R10 Limit: Distance: 10km Fitness: Fit Exposure: Mild Technical: Easy scramble Booking Start: End: Children Welcome: No
Saturday 03/03/2012	Robin Cooper Home Ph: 215322939	Start Time: 13:30 End Time: 16:30 Newlands Forest parking	NEWLANDS RAMBLE TO RHODES MEMORIAL Easy Hike Start at the Newlands forest station parking area. A short pleasant walk for those who like to chat. Pace will be slow. Rain does not cancel	Cost Member: R0 Visitor: R10 Limit: Distance: 6km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Sunday 04/03/2012	Tommy Hiscock Home Ph: 0217127476	Start Time: 08:00 End Time: 12:00 Lions Head parking	ANNIVERSARY HIKE - LIONS HEAD Moderate Hike Climb to the top of Lion's Head. Great views and champagne at the top!	Cost Member: R0 Visitor: R10 Limit: Distance: 8km Fitness: Average Exposure: Mild Technical: Easy scramble Booking Start: End: Children Welcome: Yes
Saturday 17/03/2012 to Sunday 18/03/2012	Phillip Williams Home Ph: 215311620	Start Time: 08:00 End Time: 18:00 Phone convenor	BOESMANKLOOF -GREYTON TO MCGREGOR Moderate Hike Head up to Greyton on Friday afternoon & overnight in the village. Pretty 14km hike through the kloof with pools midway for a refreshing swim on Saturday. Overnight at either the Stone cottage or Eagles Nest above McGregor that night.. Returning via the same route on Sunday.	Cost Member: R300 Visitor: R360 Limit: 12 Distance: 28km Fitness: Fit Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Friday 06/04/2012 to Monday 09/04/2012	Brian Ford Home Ph: 215312660	Start Time: 09:00 End Time: 17:00 Phone convenor	KLEINMOND WEEKEND Easter weekend at Kleinmond - Details to follow	Cost Member: R0 Visitor: R0 Limit: Distance: 0km Fitness: Exposure: Technical: Booking Start: End: Children Welcome: No
Friday 18/05/2012	Robin Cooper Home Ph: 215322939	Start Time: 18:00 End Time: 17:00 Phone Robin for directions on how to get there.	BEAVERLAC Drive up on Friday the 18th, 250 Km to the best camp site in the Western Cape with swimming, fantastic views, waterfalls, starry nights, good braai's and a on site shop that sells wine and meat- What more can you ask for? The "road" for the last 1km is a bit rough so if you have a fancy car beware. Phone Robin for directions and more information.	Cost Member: R100 Visitor: R120 Limit: 15 Distance: 10km Fitness: Exposure: Technical: Booking Start: 04/05/12 End: 17/05/12 Children Welcome: Yes
Thursday 31/05/2012 to Sunday 03/06/2012	Paul Taylor Home Ph: 217155382	Start Time: 09:00 End Time: 17:00 Phone convenor	CEDERBERG - WEEKEND A Cederberg weekend led by Paul Taylor - Details to follow	Cost Member: R0 Visitor: R0 Limit: Distance: 0km Fitness: Exposure: None Technical: Booking Start: End: Children Welcome: Yes
Monday 20/08/2012 to Tuesday 28/08/2012	Tommy Hiscock Home Ph: 0217127476	Start Time: 09:00 End Time: 17:00 Phone convenor	SILHOUETTE TRAIL This an advance warning of this popular trail - contact Tommy if you are interested - details to follow	Cost Member: R0 Visitor: R0 Limit: Distance: 0km Fitness: Exposure: Technical: Booking Start: End: Children Welcome: Yes

Date	Convenor	Meeting Details	Event Description	Notes
Friday 07/09/2012 to Wednesday 12/09/2012	Anthony Sneath Home Ph: 217901671	Start Time: 09:00 End Time: 17:00 Phone convenor	TRANSKEI HOTEL HOP Easy Hike A hike in the Eastern Cape similar to the well known Wild Coast Meander. Details to follow. Contact Anthony if you are interested	Cost Member: R0 Visitor: R0 Limit: Distance: 0km Fitness: Average Exposure: None Technical: Walk Booking Start: End: Children Welcome: Yes
Monday 24/09/2012 to Friday 28/09/2012	Brian Ford Home Ph: 215312660	Start Time: 09:00 End Time: 17:00 Phone convenor	OORLOGSKLOOF Advance notice of this popular trail - details to follow	Cost Member: R0 Visitor: R0 Limit: Distance: 52km Fitness: Fit Exposure: Technical: Booking Start: End: Children Welcome: Yes

IMPORTANT NOTES

- All persons participate in Trails Club activities entirely at their own risk.
- No smoking allowed on any hikes.
- Do not leave the hike party without contacting the Hike Leader.
- If your name, address, tel number, next-of-kin, email have changed, please notify the Membership Secretary Maré Ascott immediately at tel. no. 424-4801

Emergency Phone Numbers:
 Mountain Rescue 107 or 021-9489900 Ambulance 10177 Flying Squad 10111 Poison Information Centre Tygerberg 021-93106129 Mountain Fires 107
 Emergency Codes: Need help: 6 Blasts/Flashes, Long Pause (Repeat). Have heard distress call: 3 Blasts/Flashes, Long Pause (Repeat)

BANKING DETAILS: Standard Bank Claremont (025109) Cheque Account Number: 072528451
 Please write your name & what you are paying for on the deposit slip and send it to the treasurer!